

Start Smart Preschool Basketball



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“A parent and child motor skill development program”

Start Smart Basketball teaches children (ages 3-5) the basic motor skills necessary to play organized basketball while they work one-on-one and spend quality time with their parents. The program focuses on teaching children and their parents skills in dribbling/ball handling, passing/catching, shooting and running/agility without the threat of competition or the fear of getting hurt.

Held once a week for 7 weeks, and each week the exercises become increasingly more difficult as the class progresses and the children show improvement. This is a parent and child cooperative program, an adult must be present for each child. A T-shirt will be provided for each child.

Dates: Thursdays, January 15 - February 19, 2015

Time: 6pm - 7pm

Ages: 3 - 5 Coed

Fees: \$30 Resident • \$45 Non-Resident

Location: Holland East Auxiliary Gym

Registration Deadline: January 4, 2015 (Online) January 5, 2015 (Office)

Registration Code: 310100 S1

NOTE: Each session is limited to 24 children. Registrations are taken on a first come, first served basis. Child's age is determined as of the first day of class.

Click here for more information on Start Smart Basketball

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